

## Lives are changed through the Living Waters program.

Living Waters is a Christ-centered discipleship/ministry program for people seeking healing in areas of sexual and relational brokenness including pornography addiction, promiscuity, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining intimacy in relationships. The program runs for twenty-four weeks, and includes worship, a large group teaching time, and small group ministry with an emphasis on healing prayer.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes were used with the permission of the participants.



I have been a Christian for over 25 years, but have never revealed my struggles to others. God showed me that I will never be free from my sexual addictions until I get help from others and admit my need. Through Living Waters I have been freed and am on my way to complete healing. a male participant

The Lord has transformed me from a "man" who lived in total separation from God into a devoted follower of Christ. He has poured into me a desire to be like Jesus.

Before this place... I was addicted to all kinds of pornography, I spent around eight hours a day seeking and gathering images. I masturbated constantly. I lived apart from my wife and daughter. I lived apart from the body of Christ.

This cycle repeated for more than 25 years.

My relationship with God and my husband has never been better, and I look forward to the days ahead. This program has given me a new and healthy perspective about God, myself and my husband. You have given me the husband (new and improved version) that I always knew was in there. Thank you God!



...He [God] loves us so much. He has such a wonderful and fulfilling plan for each of us and when we follow him it is life's richest experience. The understanding that he created us uniquely special for his plan is awesome. He has begun a work in me and he will see it through. He is healing me to lead a better life that involves a stronger relationship with my wife and my kids. I don't feel the insecurities like I used to so I am stepping out with others for the first time. Thank you God, It's all about Him.

I came to Living Waters knowing that there was brokenness of some kind. I realize that I've tried to "control" things – probably to avoid the pain I felt from abandonment. I am learning the process of yielding to God and seeing Him as Sovereign. Also, learning how to press my wounds into Christ's. a female participant



I had seen a counselor for about 6 years. However, over the last year or so I had quit going and really hadn't worked on improving myself in my recovery process. Living Waters has shown me that I need to quit "white-knuckling" it and get busy doing something.

a male participant



I doubt that anyone in my church would ever guess the emotional torment and the intense struggle with sin that I've been experiencing over the past couple of years. I hide it pretty well. Throughout my life I've become quite proficient in the art of hiding my pain — until it overpowers me. I try to reject my need for emotional connection with other women, because I fear unhealthy dependency, exposure of my

overwhelming sense of need, and a possible fall into homosexuality. I had fallen two other times over the course of many years, and this third time of temptation was ripping me apart. You see, I truly desire to please God, but I need help. And, where can a person go where they are safe to confess the wretchedness of their enslavement?

The Reconciliation Ministries [Living Waters program] has been a true lifeline for me. I don't know how I would have pulled out of this terrible pit if I hadn't worked through the book, "Pursuing Sexual Wholeness", and hadn't gone through the training from Reconciliation Ministries. The first thing I encountered there was hope – hope through the leaders compassion and belief that God was not rejecting me as trash, but that He intended to free me from sin and restore me to Himself. The freedom to worship God without people looking over my shoulder was also a source of tremendous healing. I came to Him feeling like a worm crawling in the dirt, and He lifted me up, little by little. In group I could bring to light the distortions of my thinking that needed to be spoken and rejected. I received words of God's truth from the leaders and was able to



forgive, confess and forsake sin. The obsessive sinful thinking is gone, and I'm going to the Lord to meet my needs, and to finish my journey of restoration. Praise the Lord!

If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Contact us today and ask about attending the next Living Waters program. Call (586) 739-5114.