



Read about Lives changed through Living Waters.

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy intimacy in relationships. Meetings are held every Monday night at the Utica Evangelistic Center in Sterling Heights. The program runs for twenty-four weeks, and includes worship, a large group teaching time, and small group ministry with an emphasis on healing prayer.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

I've learned more in 20 weeks about myself, my God, my addiction and my faith than in 41 years of my life.

A male participant

God brought me to Living Waters when I was very "stuck". He wanted to show me He loved me and wanted to free me.

A female participant

I came to Living Waters angry and without hope as my husband, a sex addict, could not open himself to me emotionally or sexually. I had resorted to rage, belittling, condemnation and shaming to express my pain and loss and anger towards my husband. I hated him for his shameful weakness, and let him know it – no holding back! Soon, in Living Waters, I came to realize that my husband's addiction was drawing out my own need for healing. Instead of isolating from God and the church I needed to learn to trust and lean into the healing power of the cross. I learned, not from a teaching perspective, but from an experiential perspective, how much God loves me and desires me to love Him first. I had put my marriage and need for my husband's love above God. I am thankful for the program, and the restoration of a relationship with God first, and my husband.

A female participant



For years, many years, I have struggled with my broken view of maleness, my addiction to pornography, and narcissistic tendencies. Many of these I didn't really acknowledge or accept. However, with the graceful and yet persistence of the Living Waters program I was able to get beyond myself and my fear and face myself and my God. Praise the Lord for His affirmation of my "true self" and His gracious care in getting me to admit my fears, ask for help, and be willing to accept what He has given me.

A male participant

While enduring a terrible marriage I was looking for a way to relieve the huge amount of stress in my life. One night on my way home from night school, the evil one suggested that I do something that I had quit doing many years before – cross dressing. I jumped at the chance and soon could no longer satisfy my cravings with occasional dressing up, so I got a divorce and began living as a woman. I eventually succumbed totally and had surgery in my efforts to look more and more like a woman. I still was not satisfied but could do nothing else to myself. Then God worked through a friend of mine and got me involved in a group that opened my eyes and began clearing my head. After a year of this I resolved to go back to being a man but knew I needed help. By God's grace I found Living Waters and am now solidly grounded in Christ and living completely as a man.

A male participant



I was content with my darkness, seeing a pale candle at the end of the tunnel and wishing it would go out. As soon as I started confessing aloud the things I was dealing with, the light of Christ grew brighter and the darkness of Satan was denied. I look for that light now, searching for ways to make it brighter and warmer. I will always be grateful.

A female participant

I was at the lowest point in my life – totally out of control, when God reached down and caused my brokenness to be revealed in a very public way. I lost my job, family, friends – and initially – I lost hope. I was so far down, I could only look up. And all I could see was God's hand everywhere. God clearly told me my healing was a process – and that He would reveal to me my next step – but only my next step. The best step thus far has been Living Waters – I have learned so much about myself, and about God's amazing mercy and grace. I can't say that I am healed – but I am being healed. I will continue to apply what I have learned, and I look forward to my next steps...

A male participant

The Lord spoke so clearly to me during two of the chapters! I couldn't have asked God to be more specific to what was being taught. The timing of relationship events and the chapter reading was dead-on! My God cares enough about me and the events of my life to show me – He is in control and His was the One who lead me to Living Waters! One thing I've learned during this time is God delights in doing the impossible!

A female participant



I wanted to become the man God created me to be. Now I believe I understand what that means, and I am in the process of being healed and becoming that man. God has become more than a one time intimate encounter. I am developing a much deeper relationship with the God who loves me.

A male participant

If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Contact us today and ask about attending the next Living Waters program. Call (586) 739-5114.