



Read about lives set free through the Living Waters program.

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy intimacy in relationships.

The Living Waters program can change your life. The program runs for twenty-four weeks, and includes worship, a large group teaching time, and small group ministry with an emphasis on healing prayer.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

It was good to be in the company of men who I felt could understand me and who I trusted and completely opened up to.

A male participant

I learned so much about how God can free us from any addiction or habit we have in our life. God is great and powerful. All things are possible through His son, Jesus Christ.

A female participant

Through the gift of a small group, God took me by the hand, and revealed to me deep sources of my emotional pain that undermined my maturity in Christ.

A male participant



I've learned that it is ok to bring God into my pain; that I need to fully integrate my emotional health with my spiritual life. I've also learned that my identity is not that of an "abused", or a "victim" or a "codependent" or a "homosexual", but that my identity is that of a child of God and it does not rest in my feelings about myself, other people, or relationships – but solely in who God says I am.

A female participant

Living Waters has been very beneficial and healing for me. I have learned so much about myself. I have come to understand my past and forgive those who have hurt me. In my small group I prayed and went to a place I had never been able to go. I was able to deal with the abuse from my mom and understand where Jesus was... right there protecting me. It was amazing – the support of each girl in my group and the leader urging me on! I have a love for myself that I didn't have before. I have a love for others that has grown. I have a love for my Father in Heaven and Jesus my Savior that is deep and real – alive. I have learned to trust.

A female participant

I have been a Christian all my life. I have served in various leadership positions in the church and the community. I was well respected in both areas. However, there was a side of me that nobody knew about and because of my positions in the church and community; I thought that I couldn't tell anyone that I struggled with same sex attraction. I knew I needed help but was afraid to tell my wife. Eventually I succumbed to temptation and acted on my feelings. I knew what I did was wrong, but the short lived euphoria made me want more. Soon I was addicted and couldn't get out. Finally someone exposed me to my family, employer and church leadership. I lost my job and had to resign from my church leadership positions. My world came crashing down around me. For the first time in my life I contemplated suicide, and I thank God that I didn't do it. My family and my church family showered me and my wife with love and support. I am so blessed to have a wife who stood with me. After Living Waters I look at life in a whole new light. The feelings are still there, but I can control them with God's help. I have been humbled and have come to love others like I never have before, especially my wife.

A male participant



I came for help to be delivered from codependency and enabling. Through Living Waters I was able to see the root causes and God ministered at a deeper level and brought healing and deliverance like I've never experienced.

A female participant

I was apprehensive in starting Living Waters. Thoughts going through my head were: I'm not going to learn anything new, I'm scared and no one will understand me! I'm not Evangelical/Protestant. What if I don't get the spiritual nourishment I need? The devil wanted to convince me not to come, but our Good Shepherd's heart poured out His grace on me to go. My first session, before we met, I went to church and prayed for healing and help. Well, the good Lord started something in me that I can't explain. The group leader and the other small group members allowed me to share my pain of same-sex attraction, my mother's death at a young age, broken family relationships etc. They allowed me to share my way of prayer and my thoughts on a variety of issues. The Lord in the meantime, taught me through 20 weeks that it is ok to be scared and vulnerable. It's ok to admit that certain events are painful. I also have learned how much the Lord loves a humble heart and that my Father (Abba) wants me to be happy! Through my experience with my Christian brothers I have a new sense of peace knowing that everything will be all right and I, with God's grace will heal from those wounds. I feel great healing now. The disordered attraction has diminished in intensity and the love of God and neighbor has increased. I have hope again.

A male participant



If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Contact us today and ask about attending the next Living Waters program. Call (586) 739-5114.