



*Read about lives changed through
the Living Waters program.*

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy intimacy in relationships.

The Living Waters program can change your life. The program runs for twenty-four weeks, and includes worship, a large group teaching time, and small group ministry with an emphasis on healing prayer.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

I've learned more in 20 weeks about myself, my God, my addiction and my faith than in 41 years of my life.

A male participant

I learned how I don't have to give myself up to sex just to have a "healthy" relationship with a man.

A female participant

I got a lot out of the teachings because the teachers shared their life experiences.

A male participant

I was at the lowest point in my life – totally out of control, when God reached down and caused my brokenness to be revealed in a very public way. I lost my job, family, friends – and initially – I lost hope. I was so far down, I could only look up. And all I could see was God's hand everywhere. God clearly told me my healing was a process – and that He would reveal to me my next step – but only my next step.

The best step thus far has been Living Waters – I have learned so much about myself, and about God's amazing mercy and grace. I can't say that I am healed – but I am being healed. I will continue to apply what I have learned, and I look forward to my next steps...

A male participant



I came to Living Waters knowing that there was brokenness of some kind. I realize that I've tried to "control" things – probably to avoid the pain I felt from abandonment. I am learning the process of yielding to God and seeing Him as Sovereign. Also, learning how to press my wounds into Christ's.

a female participant

I came in with thirteen years of recovery from drug addiction and alcoholism. My relationships were disastrous. I was divorced twice, and at the end of my rope relationally. Not wanting to repeat the past, but heal and go forward to develop a healthy concept of who God has created me to be was a huge need when I came in to Living Waters. I am grateful because the Lord has met me in a very special way. Through the work of diving in daily for the week's lessons I have been set free from relational bondages and plan to go forward and help others so they too can experience freedom in Christ through these principles of recovery in Living Waters. Thanks for being here.

A female participant



On page 212 of my workbook, I wrote these three simple words, "No going back!" On that night, I resolved to keep moving forward towards becoming whole in Christ. I can really relate to Bob, from the movie "What About Bob?" with Richard Dreyfuss and Bill Murray. Richard plays a psychologist while Bill plays the obsessive compulsive character of Bob, who is one of Richards's new patients. During their first session together, the psychologist explains to Bob that he needs to approach his problems using Baby

Steps therapy – small steps to conquer big problems. Baby steps through the door, baby steps past someone sneezing, baby steps to the elevator, baby steps out the elevator door, etc. So you see Bob talking to himself in the next few scenes practicing Baby Step therapy. Needless to say, Bob gets quite a few looks... and he didn't get cured right away. I came to the Living Waters because I knew this was the next baby step I needed towards sexual wholeness. My obstacles were many; my thoughts of running back home were great. I thought that my brokenness was beyond salvaging.

Reflecting on my notes from the beginning, I can see the progress that has me now taking toddler steps. I read the first chapter of Living Waters. The purpose was clear – healing of gender identity and restoration of broken boundary lines. Woe! What a minute, Lord, do I have to go there? Can't you just give me a new memory card to work with? Right off the bat, someone put this question in my head, "What is a man of God?" I rattled off my dictionary version – but that wasn't good enough. I wrote that question in my notes for the next three chapters.

I learned that God wants me to be empowered to banish the sinful stuff. I discovered that I had an easier time connecting with females than males. I have a difficult time relating and dealing with men due to my sexual brokenness. I learned that I am co-dependent. Most of my life I was looking out for everyone but me. Now I'm more balanced. I read "Healing the Child Within" from our appendix and thought it was written especially just for me. I am confident that the Lord has an accountability partner for me – God will call my bluff of codependency. But I have resolved the thoughts of "Not going back". That is not an option. In the words of St. Augustine, "Keep adding, keep walking, keep advancing. Do not stop, do not turn back, do not turn from the straight road."

A male participant



If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Contact us today and ask about attending the next Living Waters program. Call (586) 739-5114.