

Read about lives Changed through the Living Waters program.

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy intimacy in relationships.

Living Waters can change your life. The program runs for twenty-four weeks, and includes worship, a large group teaching time, and small group ministry with an emphasis on healing prayer.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

The best part of Living Waters was just being surrounded by people who are completely real, wearing no masks – just honest, vulnerable people who want Jesus, no matter how sin-stained our lives are. We loved each other as Jesus loves us – what a picture of how the church should be. *A male participant*

It didn't beat around the bush! It went deep and asked the hard questions that forced me to step outside my comfort zone!

A female participant

My relationship with God has grown closer. I have more faith and trust in God than I ever had. I now trust Him with my life and the lives of those around me. A male participant

I wanted to receive more insight to help understand my gay son. What I received was much more for me than for him.

A female participant

My group leader said it straight up on our first night – "You will get out of this what you put into it!" – and it was worth every second.

A male participant



Six years ago I was caught by the police watching women jogging and walking in the park and neighborhoods by my work. My wife and I realized how far I was from God. I attended some 12-step programs. I was doing good for a while, but started sinning again. I was caught by the police with a prostitute and went to court. I started attending Living Waters. I am now closer to God and have learned to lean on Him. Two months ago my daughter died giving birth. I feel my relationship was built up strong enough not to act out and He is helping me through this hard time.

A male participant

I had the amazing opportunity to spend several summers in Alaska doing ministry with Native Americans. When I was there God, for the first time, taught me how faithful He is to me and that I can depend on Him through thick and thin. It's easy to lose sight of that however, and loosing that vision caused me to stumble. When I came to Living Waters, He firmly re-established His faithfulness and purpose for me in my life. I am not alone in my struggles. I am in a beautiful community of believers that God has placed in my life for a purpose – and a mission to achieve strength and healing together.

I was desperate – I had nowhere to go, and I thought God saw me as a failure. The funny thing is, I have incredible Christian friends too – but they didn't understand. It was a very lonely place for me, until I came to Living Waters and got my bearings again. The Lord put my feet on solid ground and taught me that homosexuality is <u>not</u> who I am, that is not the label He has given me, and I need to find freedom from that – so I did!!

A female participant



The reason I came to Living Waters was because I came to the end of myself. I needed support and I was lost. God brought me to the place where I had no one besides him. He took out people in my life that I depended on. God healed me of long standing codependency. That is an absolute miracle. He is healing my heart with my attitude towards women. I am beginning to see women as co-heirs and I am appreciating them more. A male participant

I have come to understand that "old wounds" don't just go away when you put them in a "box". After over 20 years of ignoring substantial wounds, the Lord opened the "box" and I began to experience post traumatic syndrome episodes. And so began my journey of facing the things of my past — sexual, physical and emotional abuse, and rape by a trusted authority figure. I lived with protective behaviors — and could not freely love the way I desired. I lived in shame. Now I embrace love — of myself — and of others.

A female participant

Living Waters has totally strengthened my relationship with God! I feel like I am able to trust God and others so much more now – to rely and depend wholly on Him as the one who will complete me, while also trusting those in Christian community that He has brought and is bringing into my life. The Lord has become my strength and my shield; my heart is now trusting in Him, and I am being helped.

It is as if I am no longer trusting in "me" or depending on "me" or my flesh as my strength, but rather, my trust and confidence are in the Lord and my strength comes form Him and Him alone! I feel more like that tree planted by the water that



sends out its roots by the stream – not fearing when heat comes. My leaves remaining healthy and green, not worrying in times of drought or being filled with anxiety, but bearing fruit for Jesus Christ, as He shows me.

A male participant

To find out how you can join others who have found freedom in Christ through Living Waters, call 586.739.5114.