



*Read about lives changed through  
the Living Waters program.*

***Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships.***

Living Waters can change your life. The program runs for twenty-four weeks, and includes worship, a large group teaching time, and small group ministry with an emphasis on healing prayer.

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***Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.***

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The best part of Living Waters was finding a safe place where I could discuss relational issues with others who have experienced similar issues and were victorious in overcoming.

*A female participant*

The best part of Living Waters was being real with others. You can wander into a lot of groups and not get a whole lot out of it, but being with others who can bear their thoughts and troubles without being embarrassed is awesome.

*A male participant*

I thank God for Living Waters. It's truly God ordained. It helped me to deal with childhood root issues and helped me to understand that not dealing with them can and has affected areas in my life that I did not know how to heal completely from. Going through this course has truly helped me to push toward taking the next steps of healing and deliverance in my life.

*A female participant*



When I came to Living Waters I was skeptical about it. It was tuff for me to commit to a ministry that dealt with very personal issues. The Lord spoke to me that sin is sin and without help I would stay in the place where I was. With support and prayer from other Christians in my group I was able to receive healing and insights on what to do in order to help me overcome my problem. I feel more free in the Lord than I have ever been. I know He is with me every moment and will see me through.

*A male participant*



I thought I was going to learn how to fix my husband. Boy was I wrong. I have learned so much about who I am, where God has to work on me, and how to handle certain boundaries. I am so thankful that my friend brought me here and opened up my world.

*A female participant*

I came to Living Waters in 2008 seeking help after suffering abuses, both sexual and emotional, throughout my life. The first year was very scary because I didn't know what to expect, but with what I learned, God began to lay a healthy foundation in my life. I knew the work wasn't finished, so I signed on for another twenty-three weeks in 2009. This time I felt more comfortable and confident. After years of being beat down and told that I have little or no value, I am beginning to see glimpses of how the Father sees me. I am also learning to stand up for myself, and remember that I am the daughter of the Most High god. If anyone mistreats me, they mistreat the King's daughter.

*A female participant*

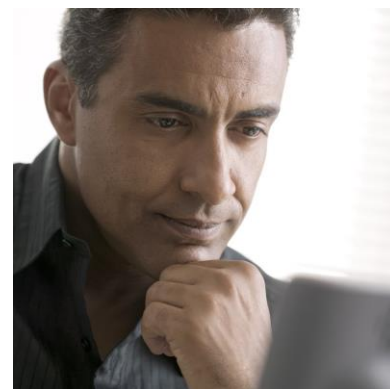


I grew up in a non-Christian home. My dad and mom did not go to church, or do anything for God. Growing up in that type of household would keep one blind to the truth of a whole lot of things. I was exposed to porno and that road would lead me down to those problems that go with it. I didn't come to know the depth of my sexual sins until I was married years later. Living Waters helped me to recognize that sin and its roots. It fueled other sins that were connected with it, or started the foundation for it to grow. Now that I know where the root lies, I can keep attacking it with the right weapon... the Word of God and a whole lot of prayer. I would have been a total wreck in this world without God, and I would have been worse if I did not see how to fight my battle the right way. This is the biggest reason for coming to Living Waters, to find that path to healing and I'm glad I got the chance. The foundation has been laid, and I believe it will be a battle, but it's a battle that will be won, and that I do believe.

*A male participant*

When I read in Chapter Five, "The Realignment and Empowering of the Will" that "Where sin and brokenness has resulted in sexual problems Jesus enters in and assumes the struggle Himself, all the struggler can do is bow down and worship," that was so profound to me that I started weeping and praising God. I can refuse to receive impure thoughts of lust and perversion and declare that same-sex attraction is no longer my struggle. I already gave that struggle to Jesus, it's His to bear. I can leave it at the foot of the cross as I continue to move forward. This revelation has been tremendous in my walk towards healing

*A male participant*



I was so worried and consumed in helping my husband that I forgot about my own journey! I came to Living Waters because of my husband's sexual addiction problem. My plan was to go the first week, make sure he was in his class where he should be, and then get out and never return. After the very first session I realized Jesus was waiting for me. I have never felt more connected to Jesus and feel like I am on the road to overcoming the issues of brokenness I had in my own life.

*A female participant*

**Read more testimonies on the "Archives" section at [www.recmin.org](http://www.recmin.org)  
To find out how you can join others who have found freedom in Christ  
through Living Waters, call 586.739.5114**