



Lives are changed through the Living Waters program.

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

I no longer feel like a disappointment to God. I run **to** Him instead of **from** Him when I'm struggling.

A male participant

It is a process, but God brought me awareness and healing beyond anything I could hope for.

A female participant

I didn't know what to expect. I learned things about myself that I never knew. The teachings were very relevant and well planned. I now have the relationship with God that I have always strived for.

A male participant



One of my main goals in Living Waters was to eliminate and recognize relationship triggers that cause me to do self-destructive behavior. I now recognize my triggers and see ways that I set myself up to fall. I can change directions now.

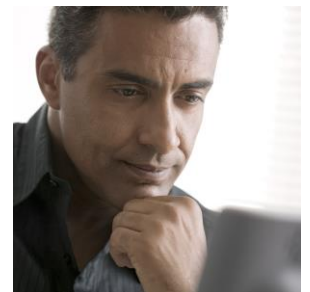
A female participant

For me, the most powerful part of Living Waters was having the opportunity to have a look at myself and my life and really ask the difficult questions I have been afraid of asking. I understood things about my upbringing that gave me an "ah-ha" insight as to where certain patterns originated. It is a great step towards self-awareness in areas that are instrumental in breaking down intimacy barriers between others and God.

A male participant

I came to Living Waters once again skeptical about how it could really work for me. Since I was an alumnus I knew it would help me to an extent. After committing myself to going, I once again felt healthier and on a road to healing. The small group especially encouraged me in my walk with the Lord by listening and praying me through many difficulties I had. After recently coming out of another broken relationship I could meet people who had "Jesus on" weekly. These guys came along side me to exhort, encourage and direct my steps in Christ. Without the structure of Living Waters in my life I could have easily stayed in my sin consistently, probably over long periods of time. But Jesus worked through the teachers in the program once again to bring me to a whole place. Praise Jesus.

A male participant



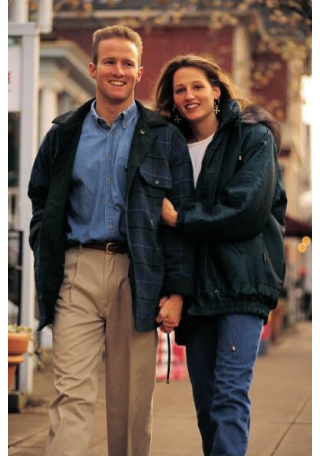
Learning More the Second Time through Living Waters...

This was my second year in Living Waters. Last year, I stood up and spoke about the wonderful healing and freedom God brought me during my first experience in Living Waters – freedom from the shame of sexual abuse that was so painful. For years I had pushed the incident down rather than let that painful memory into my thoughts. During the second or third meeting last year, God completely delivered me from that shame. I can now talk about that incident boldly and share it with others as a way of telling them, “Jesus set me free, and He can set you free too.”

God took me to a deeper level this year. He really challenged me to relinquish so much ground to Him, particularly in the areas of addiction and how I relate with my husband. What I learned last year, God asked me to embrace, internalize, and apply more deeply to my life this year. I want to tell you, I fought it! I’ve been told I have a “warrior spirit”, but sometimes our strengths are also our weaknesses, and I fought it, especially in the beginning.

And so it went... when I resisted, God was faithful to show me the truth of myself. Sometimes this was painful. Especially painful is the truth of the anger and disrespect I have shown toward my husband, a pattern of behavior I learned as a child from observing my angry mom and my alcoholic dad. But no matter where I learned it, I am an adult and responsible for my own behavior. This was a new revelation last year, and this year I was able to ask for prayer to be freed in this area of brokenness. This year God has shown me my inability to trust and fully love my husband. God is teaching me to stay in the conscious awareness of my thoughts and words. My reactions and responses to my husband are better now than a year ago, but I know this is an ongoing process and I need to continue to daily seek God’s help.

A female participant



What Is Living Waters? – Craig Beickelman

Living Waters is a 24-week program that focuses on the root issues behind sexual and relational problems. Most of the time people focus on the surface problem like an addiction to pornography and miss the underlining issues that are driving the addiction. It is like weeding your yard or garden. If you simply pluck the surface plant, it will come back again. To get rid of a weed, you have to dig it out by the roots. It is the same way with the sexual and relational issues in our lives. It is not enough to just address these behaviors; we have to get to the roots behind the behaviors.

Living Waters is for men and women who are struggling with sexual and relationship issues like codependency, pornography addiction, promiscuity, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, difficulty in establishing and sustaining intimacy in relationships, and more. Whether you are struggling with heterosexual or homosexual issues, you can find the help you need in the Living Waters program and begin to walk in Biblical sexual and relational wholeness.

The Living Water’s program focuses on the Cross of Jesus Christ as our hope and source of change as we look at the root issues that are behind many of our struggles. At each Living Water’s session we have a time of worship, a time of teaching, and a time of small group ministry and support. Healing comes as we honestly face the issues of our lives and embrace Jesus as our healer. The safe and supportive environment of Living Waters helps to facilitate the openness and transparency needed in the healing process.

Living Waters was truly the catalyst to start my own healing process. I had tried counselors, deliverance, pastors, and more to get some help for my same sex attraction issues. It was not until I went through the Living Water’s program that I found people who understood me and gave me the hope that I could change. It isn’t an easy program, but it is well worth the challenges and difficulties that you have to walk through.