



Stories of Lives Changed through Living Waters.

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

I have seen that healing is real and that change is possible.

A male participant.



I grew up in a very abusive home with two alcoholic parents. I accepted Christ at 17 and swore I would never drink like my parents. I succeeded at this for several years but was insecure, lonely, driven to succeed and angry. Due to stress at work I started having a glass of wine after work. This quickly led to full blown alcoholism, then drug addiction. Thankfully, I was able to gain sobriety through AA and rehab. Even though I was sober there were the past issues and past sexual abuse haunting me. In so many ways I was still acting out anger and hadn't dealt with all the pain. I felt God wanted me to attend Living Waters. I'm so glad I did. All the lessons were helpful. The safe atmosphere was something I had never experienced in church. I've been able to start to look at the past, grow closer to the Lord, and gain practical tools to walk out healing. The healing prayer in small group was life changing.

A female participant

I've been married for about ten years now. I've been struggling with sexual purity for almost my whole marriage. I've been through deliverance and also tried to do it all by myself constantly but of course I have never been set free. I also had pornography and masturbation addiction prior to getting married. I have been free for about eight weeks now and I am the closest to God I have ever been. I am now open with my wife when things pop up, which I never was before. I thank God for Living Waters because if it wasn't for God, and the people God is using in this ministry, I think my marriage would be over.

A male participant



Satan used painful experiences in my life, such as rejection experienced from both my dad and my step-dad, to keep me chained within my own shame and led me far from the Heart of God. I put up walls that allowed nothing in, and consequently, nothing out. The pain welled up inside of me, even if I could identify it as such, and caused me to adopt unhealthy coping mechanisms, such as smoking, drinking, and getting sexually involved with same-sex relationships. There were many times that I would go to church "hung-over" from the previous night's sinful activities. Through Living Waters God has led me to see that I really cannot serve two masters, and had to choose between following God or the sin. I came to know that residing in His presence is so much sweeter and I have chosen Him. Through devoting my heart fully to Him, the other things have been dropping off or at least becoming manageable temptations. I'm nowhere near perfect, and by the grace of God, I don't have to be, but this class has aligned my will with that of God's for my life and it has given me tools and resources for maintaining my relationship with Him.

A male participant

When I started Living Waters I had been separated from my husband of two years for three months. Our relationship had turned into one that was full of verbal and some physical abuse, and was volatile. Although I deeply did not want a divorce, I was not sure we were going to make it. But I still had hope in God to change me and my husband, and to completely renew our marriage. On top of that, I had grown up in a dysfunctional household where my mother struggled deeply with depression, which unfortunately led to my parents' divorce, which had caused a lot of brokenness in me, and anger toward my mom. But praise be to God, as I went through each week, and focused on me, and changing myself, things between my husband and I got better and better.



Then right before Thanksgiving, we decided to reconcile. Since then, our relationship has grown into one of honesty, love, respect and forgiveness, and today on the last night of Living Waters, our marriage and relationship is truly the happiest and in the best place it has ever been. It's better than when we first got married! I also have forgiven many people, and have found healing for my brokenness. I believe generational curses (one being divorce) have been broken, and I have also found a new trust and peace in God. I feel like I have grown in God so much and that I am stronger and more healed than I have ever been!

A female participant

I came into this program very shamed based. I hated myself for having grown up with same-sex desires and didn't want to have to admit that to anyone. It was humiliating to me. I knew that people looked at me and wondered and I would cringe inside. God had removed those desires, but the shame and self-rejection remained. I was still very self-conscious and insecure as a woman. I didn't feel that I was adequate or looked the part. I also carried deep bitterness from childhood because I didn't want to have to live through life. It was



too painful. My father hurt me deeply with his words and raging temper. I grew up afraid of him and felt he disdained me and I blamed myself for this. If only I was perfect enough. Only, it wasn't my fault. I hated that I needed his love and acceptance and never received it.

The lectures in Living Waters covered everything. I learned so much in all areas of life. The teachers did a great job. The testimonies were amazing and God's healing even more amazing. It was encouraging. They made me laugh and made me cry. But most of all, they gave me hope. There were times of healing in praise and worship, in the prayers of the leaders after a lecture, and in our small groups. The transparency of the leaders meant so much to me. They were real with what they've been through and where God has brought them.

And now... the shame is gone. The bitterness is gone. The self-hatred is gone and I am at peace with myself and who I am as a woman. There are improvements to be made, but God is working that out and it's okay now. I don't have to hide my hurts and fears. I have shared the best of me and the worst of me with a group of women that loved and supported me and encouraged me to move on to greatness in Him.

I encourage anyone who is thinking about coming to Living Waters to do yourself a favor. You will be accepted and loved and encouraged in Him! This is a safe place for you to heal and grow and be stretched by God in ways that will change your life forever. This program is for everyone who's ever had a broken heart. Isaiah 61:1-3.

A female participant

If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Contact us today and ask about attending the next Living Waters program by calling (586) 739-5114.