



Celebrating Lives Changed through the Living Waters Program.

Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ. These quotes are used with the permission of the participants.

***Living Waters has helped me see that God still loves me and is on my side.
He is with me in my struggle.***
A male participant.

***I have become freer and less bound up in my own perceptions of myself.
I see more through His eyes!***
A female participant.

***Living Waters caused me to become closer to Jesus and see Christ
as a tangible healer in past hurts and memories.***
A female participant.



For years I thought of myself as a child as “that d*** little kid”. I didn’t know what I had done wrong, but I went from being a cute little kid to a bad kid who was responsible for my pain, addiction, and anguish. I discovered that little kid wasn’t bad, hadn’t done anything wrong, and wasn’t responsible for where I was at 67 years old. In fact, on week 19, someone reminded me about “that d*** little kid” and I was shocked to realize I had released him and replaced him with the nice little kid.
A male participant

I came into Living Waters with sexual identity issues, a compulsive masturbation addiction (in remission for seven years), and an unbiblical mindset of my value in Christ. Living Waters helped free me from my shame and horrible mindsets. God is so awesome. He is truly powerful and He loves me.
A female participant



I think the most important realization I had during this program was about my relationship with my father and the feelings of anger and abandonment that I experienced as a result of his neglect. During one of our prayer times, a memory came up that has had a lasting impact on my life. God used that memory surfacing to reveal some deeply rooted heart issues and trust issues I have with God. During a later session I got to release some of my pent up anger and submit it to the Lord.
A male participant

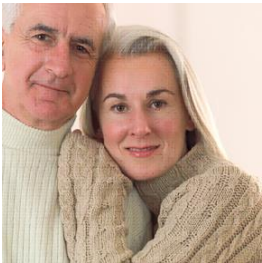
When I started Living Waters I knew I was broken, but I wasn't sure if my "brokenness" would "fit in" with the brokenness of others. I knew that I had sin and shame in my life. I knew that it was hard to let go of. I did possess the motivation to work through it, but I wasn't sure this was the place for me. In fact, one of the main reasons I joined LW was because my husband asked me to. I wanted to understand him and I knew it was very important to him. Until I came here on the first night, I thought I was doing this more for him and us, but as soon as I walked in the door, I knew I was in the right place for me.



Within the first couple weeks, my wounds and my sins flew in my face. I couldn't avoid it or numb it away anymore. It was time to face it. I had to face the sin of what I did in my first marriage. I had to face the wounds that I endured in that relationship and take responsibility for what I can do about it now. I had to find still time to listen to God. I had to address how my sin will affect my son someday. I had to look at how my childhood wounds affect my marriage today. I had to remember those I've lost. I had to learn that I'm responsible for setting better boundaries. I had to learn how to trust God so that I can find it easier to trust the ones I love. I had to learn how to break free from my self-imposed prison that kept me guarded and unable to show too much emotion. I had to learn how to let go.

It was hard work, but I did it. I did it because I knew only good could come from it. But I didn't realize how much good. With the help of the leaders and with the Lord at the center, I finally feel free. Not everything is resolved. I still face my issues every day, but instead of a prison cell I built that I couldn't escape from there is now an open door that I can choose to walk out of every day.

A female participant



Before Living Waters I was reflecting on my life and what type of person I was. I was not happy with what I saw. I was a man who was full of shame and guilt. I attended other small group help sessions and some Bible studies, but nothing of any real substance. Just like other people who struggle with different addictions, there would be a small break from it all from time to time but before long I was back to my old habits. I was addicted to pornography, masturbation, fantasizing, and lusting after other women.

I signed up for Living Waters and told my wife. She was supportive, but gave me one condition – don't shut her out. I had a pattern when I felt ashamed, guilty, and know that I did something wrong; of analyzing it internally and beating myself up. I would cut everyone off from getting close. She wanted to know and share in what I was going through. She would wait on me to come home from the lesson each week and we would discuss it until late into the night. We talked about things in our marriage that we thought we could never discuss.

I have learned more about myself in the past six months than I ever could imagine. I explored areas of my life that I never talked about but was able to openly discuss them in the Living Waters small group. This has been a life changing experience for me. I tried doing this on my own and failed miserably, but it was not until I laid all of this at God's feet that there was healing in my life and in my marriage.

A male participant



If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Contact us today and ask about attending the next Living Waters program by calling (586) 739-5114.