Lives Changed through Living Waters.



Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction,

codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships. We will be using the newly revised Living Waters guidebook.

Here are some powerful testimonies from participants who had their lives changed in the Living Waters program through the power of Jesus Christ.

These quotes are used with the permission of the participants.

The personal prayer time was especially beneficial because it helped free me to see what the roots of some issues were.

A male participant.

I'm closer to God than I ever have been and I'm excited to keep growing in my relationship with God.

A female participant.

The best parts of Living Waters for me was the small group time, focused ministry and the teaching.

A male participant.



I struggled for decades with anxiety, insomnia, addiction and PTSD as a result of a difficult childhood. I was raised with atheism, arrogance, cruelty, mental illness, and incest. I tried many things to find healing including prayer and church counseling, years of therapy, and medication, and found little to no relief. Living Waters taught me how to safely shine the light of the Holy Spirit into the darkest corners of my soul, and then with prayer, patience, and support to take what I found there and lay the heavy burden down at the foot of the cross and leave it there. This has been life changing. I asked my husband if he had seen any changes in me since starting Living Waters. He said

the change has been nothing short of a miracle! I am so grateful that God led me to Living Waters, and I'm grateful to the amazing men and women who led me down this path of healing.

A female participant



I came to Living Waters very broken, dealing with a lot of pain. Some pain I knew about, some I had yet to discover. I was afraid of God and male leader figures. I knew same-sex attraction was wrong but couldn't reconcile how God could love me with as sinful and messed up as I felt. I didn't have a lot of high hopes that Living Waters would produce healing in me. I think things changed for me when my leader said that no matter what I had done, Jesus loved me. It struck me. I knew right away he was right. I'm not perfect now that I'm out of Living Waters. I still have temptations and fear but now I know that I can come to God and that, all along, He's been pursuing me, even

when I can't feel Him there. God has used Living Waters to bring healing to some of the pain and illegitimate ways I've searched for love, security, and significance.

A male participant



I had a childhood history that included sexual abuse, torture, prostitution, drug abuse, alcoholism, human and drug trafficking, and same-sex attraction. I got clean and sober at 17 years old and came back to God at 22 years old. I figured the darkness that remained was inevitable, and that I should be grateful. I didn't realize how many lies had ruled my thinking. At first Dan Hitz, and then Living Waters shined a bright light into these dark, secret places in my heart. These things can't be discussed in too many places or at too many times. Living Waters provided the time and the place, not to mention the faithful servants to help. Many, many thank you's! A female participant

Living Waters has been the most help in working through my feelings of samesex attraction of anything I have tried. The program provided a safe place to share things about my life that I have never told anyone! Just saving those things aloud has been a huge weight off my shoulders, and has taken a lot of the power away from those negative experiences. Thank you Living Waters! A male participant





My journey started with my world as I knew it unraveling before my eyes: I was involved in an affair with a man from my church. During a Mission trip, a trusted friend who as future events would show was in fact untrustworthy, felt that my struggle was theirs to confess. As this all unfolded, I was in the position of having to reveal this matter to my Pastor. This was a very bittersweet moment in my life. The mixed feelings of relief of letting go of my secret and the shame and guilt felt by my actions. I can see now that God used this moment to reveal Himself to me. Through this very intense program, the Lord has shown me that I can trust Him. During one of the prayer sessions, we prayed

for God to give me a Rhema word, something that would root deep in my heart, a special message from Him to me. I believe He did this very thing and it revealed much and spoke directly into everything I am facing right now. I just want to say a big THANK YOU to each and every person that helps facilitate this program. It provided a safe, holy, and God-like environment to be able to share my struggle and receive love, friendship, and wholeness in place of judgment, guilt and shame. A female participant

I started Living Waters, feeling like I had no voice. I had come out of an abusive marriage with an alcoholic. I was dealing with my own subtle addictions as well as sin that was eating me away. I was remarried and trying to make a blended family work. With all of my brokenness, it was really hard. I knew I need to break through this wall that I had built around me my whole life. I knew I needed to become free to be myself – to get my voice back. But I didn't know how. I felt like I was keeping myself in a self-imposed prison. The doors were open for me to



leave, but I was choosing to stay stuck. Once I turned to God and made my first good choice, everything seemed to follow. God put people and things in my life that led me to here. Participating in Living Waters is what finally allowed me to experience the freedom I've been craving. Being here has helped me experience how it feels to be completely accepted with all of my sin and brokenness. Being with my group and my leaders has been a good reflection of who I really am in God's eyes. It has freed me to take steps out of my prison and into freedom. There are still trials that I'm working through and difficult times will come, but knowing that I can trust God and am completely accepted by Him, has given me a new perspective. I have a voice now and am ready to use it. And I'm ready to be used by God. A female participant



If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Call us and ask about attending the next Living Waters program. (586) 739-5114